

ASPIRE PATCH PROGRAM

Crystal Ice House / Wagon Wheel ASPIRE Program



A

☐ Wear your ASPIRE shirt to share you're taking the next step from Learn to Skate to Competitive Figure Skating.

☐ Complete "Goal Setting for Practice" with your Coach*.

☐ Complete the "Practice Planner" worksheet and pad with your Coach* and use for your first month of ASPIRE Ice.

Date Complete _____
Coach Initials _____

S

☐ Participate in all three ASPIRE Ice Group Classes (Spins, Variety, Off-Ice).

☐ Complete "Confidence for Skaters" and share it with your Coach*.

☐ Give a "Compliment Card" to a fellow skater in Group Lessons or on a Freestyle Session

Date Complete _____
Coach Initials _____

P

☐ Review "Goal Setting for Practice" with your Coach* after 2 months.

☐ Learn a solo program for competition or the Holiday Exhibition

Date Complete _____
Coach Initials _____

I

☐ Participate in the Holiday Exhibition, our In-House Competition or represent Wagon Wheel ASPIRE at a local competition.

☐ Recite 3 major rules of "Freestyle Etiquette" to your Coach*

Date Complete _____
Coach Initials _____

R

☐ Prepare for your first US Figure Skating test (Pre-Preliminary Skating Skills).

☐ Arrive at your first Wagon Wheel Test Session one hour before your assigned skate time.

☐ Interact respectfully with U.S. Figure Skating judges.

Date Complete _____
Coach Initials _____

E

☐ Try Out for the Spring Ice Show and participate in ASPIRE group and small group numbers.

☐ Pass Preliminary Skating Skills test at a Wagon Wheel Test Session.

Date Complete _____
Coach Initials _____

*Item may be completed with the Skating Director if you do not yet have a private instructor

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PROUDLY PARTNERING WITH
WAGON WHEEL FSC TO SUPPORT
ASPIRING FIGURE SKATERS

